**Task Scenarios**

Task Scenario #1

Bob was studying in his room with the air conditioned turned up to 19OC.Bob was very focus on studying that he did not realized he was shivering. This was because Bob has a disease called Congenital Insensitivity to Pain which makes him unable to also feel the temperature change easily. Bob needs some way to inform him if it gets too cold or hot.

Task Scenario #2

Bob has to walk to his university everyday ,20 km away, in the middle of the afternoon. He has a tendency to forget drink enough water. To add insult to injury, under the hot sun, Bob will feel faint because he also has low blood pressure. Bob would like a way to remind himself to drink water when he walks under the hot sun.

Task Scenario #3

Bob rarely goes out to exercise and his doctor has advice him to improve his lifestyle However, Bob is very busy with his upcoming debut of his new album. His doctors advices him to take the 1000 steps a day challenge and slowly increase to the 100000 steps a day challenge. Bob needs a way to keep track of his daily progress.

Task Scenario #4

Bob would like to set an alarm to wake up early the next morning to do his routine morning run. However, Bob is deaf and cant hear the alarm on his phone. He needs to be woken up by physical touch. Since he started living by himself, his mother would not be around to help wake him up anymore. Bob needs to find a way to wake up with physical touch.

Task Scenario #5

Lily is not satisfied with the weight she is at. She would like to go on a diet but she does not know how to keep track of how much she eats. Lily is also very addicted to junk food and would like to curb this bad habit. Lily needs a method to keep track of the calories she eat everyday .

Task Scenario #6

Lily who works as a IT engineer feels tat she isn’t getting enough sleep recently because of the demand of a new project at her company. She feels very tired at work and she is unable to be as productive at work as she used to. Lily would like to keep track and ensure that she has at least 7 hours of sleep a day. However, since she is always in a rush in the morning and sleeps as soon as she gets home, she is unable to keep track of exactly how long she sleeps a day.

Task Scenario #7

Lily is training for an upcoming 52 km run ,5 months from now. She plans to slowly increase her distance everyday until she is able to overcome 52km in a single run. She needs to keep track of her workout daily until the day of the marathon.

Task Scenario #8

Lily is climbing Mount Everest alone and it was snowing heavily. However before she reaches the top , Lily begins to feel dizzy and is unable to focus well. Unknown to her, Lily is falling ill into hyperthermia. Because of this, Lily is feeling confused and is unable to operate her phone well to contact the hospital.